



## Meadowfields Residential Care Home

Resident's Information Guide

*Making our home, your home*



Meadowfields Care Home has en-suite rooms for 65 residents. It is located in the in the picturesque village of Great Haywood, five miles from both Stafford and Rugeley, with lovely views of the surrounding countryside.

## Values, aims and objectives

We want our residents, their loved ones, and our staff to be confident in the care we deliver, so we have six Core Values of Care.

These are:

- ▶ Privacy
- ▶ Independence
- ▶ Dignity
- ▶ Choice
- ▶ Rights
- ▶ Fulfilment

These values underpin our clear aims and objectives that, together, set the standards we strive to achieve in providing our residents with a comfortable, safe and fulfilling place to live.

### Aims

Our aim is to ensure you, the resident, spends your mature years in a happy, healthy and safe family environment.

### Objectives

The objectives of the home are to provide you, the resident, with the facilities and services you want to maintain your independence for as long as possible, whilst ensuring your privacy and dignity at all times.



# Resident's Charter

## **Residents should:**

- Be encouraged and assisted to maintain a high quality of life.
- Have their privacy respected.
- Be treated with dignity and respect.
- Be encouraged to maintain their own independence.
- Have their human, emotional and social needs respected.
- Be encouraged to follow the religion of their choice.
- Be addressed as they wish.
- Be cared for in a manner similar to that which would be given by a caring relative in their own home.
- Not be discriminated against on the grounds of race, religion, sex, colour or disability.
- Have a choice of handling their own money or nominating an advocate.
- Be allowed to handle their own medications when competent to do so.
- Be able to retain the doctor of their choice.
- Receive medical and nursing care in private.
- Have access to their own medical records.
- Be entitled to all the common facilities available to other people living elsewhere in the locality.
- Be encouraged to discuss their care and needs with their own Keyworker and / or Manager / owner of the home.
- Be allowed to choose and wear their own clothing.
- Be cared for by adequate and appropriately trained staff.
- Feel at "home"
- Be able to receive visitors at any reasonable time.
- Have a right to choose their own solicitor.
- Be encouraged to bring personal belongings into the home.
- Be provided with adequate accommodation.
- Have access to a telephone.
- Be able to complain about the quality of care received in the home.
- Be provided with adequate appetising and nourishing food.
- Have a contract of residence.
- Be encouraged to participate in recreational facilities.
- Be given value for money.

# Policy Statement

## Our Promise To You

Our aim is to promote and maintain the well-being of each resident in the home with a caring attitude, whilst maintaining their privacy and encouraging their independence.



## Meal Times

Meals are served in the dining room as follows:

### **Breakfast**

Between 8.00am and 10.00am

### **Morning Coffee/Tea and biscuits**

11am approximately

### **Lunch**

12.30pm

### **Afternoon Tea/Coffee and biscuits/Cake**

3.00pm

### **High Tea**

5.00pm

### **Supper**

As and when requested

### **Evening Drinks**

Coffee/Tea/Horlicks etc. biscuits/cake – 8.00pm approximately

Meals can be taken in your room, especially in the unfortunate event that you are taken ill. However, to ensure correct digestion, it is preferred that you take your meals in the dining room.

The menu is changed daily, and is displayed on the blackboard in the dining room on the back wall. If you need one of our alternative meals, please let the cook or a senior care assistant know before 10.30am. If you need a special diet, for example vegetarian, diabetic or gluten-free food, that will be catered for.





## Facilities

Set in the heart of the Staffordshire countryside, Meadowfields Care Home has two floors. Resident bedrooms are on the first and second floors. Communal areas, bathrooms/shower rooms and quiet areas are located on both floors.

The home has special areas set aside for visiting family and friends, where they can help themselves to hot or cold drinks while visiting loved ones.

There are three distinct areas within the care home – Oak, Cedar and Beech. Oak is on the first floor. It is mainly for those who need residential care.

On the second floor, Beech is for residents with mild elements of dementia, while Cedar is for residents with more demanding care needs. The care manager will be happy to give more information about these three areas, so you know what the home has to offer.

### Oak and Beech Lounges

The Oak and Beech lounges are located close to the main reception area. The rooms are light and airy. There is plenty of comfortable seating to allow residents to enjoy the company of friends. Many of our regular activities take place in the Oak lounge. It also provides easy access to our enclosed garden.

### Dining room

The dining room is next to the kitchen, where else would it be! Our residents enjoy all their meals here, unless they request to have meals elsewhere. Table places are allocated, but you can sit somewhere else in the dining room if you want. Just ask a member of staff on duty on the day, and they will arrange it for you.

### Bedrooms

All bedrooms at Meadowfields are modern, comfortable and well-appointed. All have ensuite toilets and showers, and a furnished to a high standard. Beds are designed specifically for older people with mobility problems.

Oak has 32 ensuite bedrooms. Between them, Cedar and Beech have 33 ensuite bedrooms. Many of them have showers.

There is also plenty of wardrobe and cupboard space for personal belongings. Each room has a chair, a bedside table, and a chest of drawers, with space to display personal items, pictures and ornaments. Each bedroom also has a television. Refurbished rooms have superior lighting including spotlights and table lamps as well as emergency lighting.



## Gardens

Meadowfields has two garden for residents. Both gardens are secure, and have been designed with our residents' needs in mind.

The main garden is reached through Oak lounge. The second garden is called the courtyard, and is situated close by. Both gardens are always well-maintained, and have enough comfortable seats for residents, family and friends to sit outside together if they wish.



## Shower rooms / bathrooms

Facilities at Meadowfields are very impressive. Baths and showers are very modern, and care staff have access to the latest disability and lifting aids, so residents can enjoy bathing in safety and comfort.

Our staff are trained to give personal care respectfully and safely. Our bath and shower rooms are located throughout the home, so they can be quickly accessed by all our residents with ease, whatever their circumstances.

## Cedar lounge

This communal lounge has been designed and laid out especially to meet the needs of our residents who have dementia. As with all our lounges, it is comfortable and spacious, and a perfect place to relax with friends and family.

## Cedar Quiet Lounge

This lounge is bright and airy, and decorated with our residents' needs in mind. The lounge overlooks the care home grounds, tended regularly by our gardening team. Here, residents can watch television, listen to music, or sit and chat with friends.

## Cedar dining room

Residents have the choice to use either the main dining room, downstairs, or the smaller Cedar dining room. Choice is the essence of our ethos here at Meadowfields. The dining room is light and bright, with specialist supportive seating for those who need it.

## Hair dressing salon

A friendly and dependable hairdresser visits us twice a week. Our hair salon has just been refurbished. Its modern design and equipment means a trip to the Meadowfields hairdresser is a relaxed and enjoyable one.

## Cinema room

Our cinema room is on the second floor. A great place for residents to regularly enjoy films – and bowls of popcorn.

## Activity co-ordinators

Meadowfields employs two full-time activity coordinators. One is based in Oak, the other in Cedar and Beech – and they regularly swap over, so they get to know all our residents' requirements.

All our residents have different capabilities and needs. We never underestimate what residents want to do or achieve. We must all be able to make our own decisions about what we want to do, and can do.

Choice, respect and dignity is at the heart of what Meadowfields strives to achieve and provide for residents every day. Our activity co-ordinators play a central role in arranging activities, events and trips that reflect this ethos.



**Northgate**  
Healthcare



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