# **MEADOWFIELDS**

# **AUGUST/ SEPTEMBER EDITION - 2017**

# WELCOME TO OUR NEWSLETTER. THIS EDITION INCLUDES:

- Home news.
- Resident news.
- Staff news.
- Special events.
- Useful information.



Welcome to our new format newsletter. Northgate Healthcare promotes the family feeling making their 3 homes feel like your home. We therefore introduce to you our new format newsletter in which we include you in not only our resident's lives, but staff lives, company lives and important developments happening in the outside world that will affect you and your family.

We hope you like this new format, that will be issued bi-monthly, and hope you finds its contents both interesting and informative.

#### HEADLINES

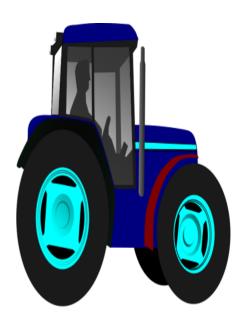
We had a lovely time at Amerton Farm on 22<sup>nd</sup> June 2017. We had cream teas and had a close up look at a tractor.

We would like to thank the Staff at Amerton Farm for making it a lovely day.

### **OUR AMERTON FARM MEMORIES.**







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#### **RESIDENTS NEWS**

#### MEET THE RESIDENT:

This month's resident is Dorothy Hall known as Dot.



Dorothy was born 29<sup>th</sup> August 1933 in Wolverhampton.

She worked in Ivy House care home in Cannock as a laundry assistant.

Dorothy met her husband Harold by a Babbling Brook and they had 3 children together.

Her hobbies are Bingo and Knitting. Her child hood memories are from her school years where she enjoyed most of her time.



#### RESIDENTS BIRTHDAYS.



#### August:

1<sup>ST</sup> – Marjorie Sutton



4<sup>th</sup> – Keith Whetton



2<sup>nd</sup> – Eva Arnold



25<sup>th</sup> – Jean Taylor



3<sup>rd</sup> – John Lewis



28<sup>th</sup> Shirley Trubshaw





#### RESIDENTS BIRTHDAYS.



#### September:

22<sup>nd</sup> – Beryl Knapper



25<sup>th</sup> – Dorothy Easy





#### STAFF NEWS

# This month's staff member is Donna Frankel who has joined us in Activities.



I am an ex soldier who served 6 years in the Royal Signals.

I have 4 children aged from 14yrs to 9yrs.

I have travelled around the world with my Husband and family for the last 19yrs as he is still serving.

My last job was in Brunei as An Army Welfare Community Support Worker.

My hobbies are Running, gym, camping and family time.

#### STAFF BIRTHDAYS

AUGUST:

SARAH BRACEY – 10<sup>TH</sup>

SEPTEMBER:

JOANNE BELLERBY 2nd
KARON MARVTIN 3RD
TINA PALLATINA 7th
ANGELA NORTON 13TH
ANGELA MUMBY 18TH
MARICI MACKLEY 20TH
LESLEY AXTON 22ND
HANNAH ASHFORTH 28TH
JOANNA MOFFETT 28TH

#### **NEW STAFF ADDITIONS**

We would like to welcome

Donna Frankel to our activities team.

Welcome to Meadowfields Donna.



# SPECIAL EVENTS





SATURDAY 2<sup>ND</sup> SEPTEMBER 2017 AT 2.30PM.









# ENTERTAINMENT FROM OUR WONDERFUL SINGER ANDY HARRISON

## UP COMING EVENTS AT MEADOWFIELDS



4th August 10am -11am - Pet Therapy.

17th August 2pm – 3pm – Singer "Colin James"





2<sup>nd</sup> September 3pm – 4pm – Singer "Becca Gee".

7<sup>th</sup> September 2pm – 3pm – Singer "Colin James"





15th September 10am – 11am – Pet Therapy.

22<sup>nd</sup> September – 7.30pm 1960's tribute act "Tony Hall" sings Jim Reeves.

### **SUMMER MEANS CREAM TEAS!**



OUR CREAM TEA AFTERNOON WILL TAKE PLACE ON FRIDAY 25<sup>TH</sup> AUGUST.

FURTHER DETAILS ARE TO BE CONFIRMED SO PLEASE LOOK FOR POSTERS AROUND THE HOME.

# 22<sup>ND</sup> SEPTEMBER AT 7.30PM COME AND SEE TONY HALL

WITH HIS TRIBUTE TO "GENTLEMAN JIM REEVES".

# THE VERY BEST OF JIM REEVES

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## DID YOU KNOW?

A power of attorney or letter of attorney is a written authorization to represent or act on another's behalf in private affairs, business, or some other legal matter. Having a **power** of **attorney** ensures that you select who will act for you when you are unable to handle your affairs. Without one, the courts decide.

Up until 1<sup>st</sup> October 2007 people needed Enduring Power of Attorney to act on behalf of anyone without capacity. If you have an enduring power of attorney dating before that date you can still use it – registering it as soon as the person it concerns begins to lose capacity.

An Ordinary Power of Attorney (O.P.A) is used when a person still has mental capacity but they may need assistance whilst eg. they are in a hospital for a period of time and need someone to act on his behalf during the stay, if the person is having problems getting out eg. to their bank etc or if a person needs someone to act on their behalf but they have the power to supervise the person acting. An O.P.A. is only valid whilst that person has mental capacity.

Since October 2007 anyone with capacity who wants to provide for the time when they lose capacity can apply for their own "Lasting Power of Attorney (L.P.A.)". This means they chose, whilst they still have capacity, who will make important decisions on their behalf, or with their help, when they start losing capacity. A Solicitor is not required to set up the L.P.A.

There are two types of lasting power of attorney:

Property and Financial Affairs covering managing bank accounts, paying bills, pensions/benefits and selling property.

Health and Welfare covering daily routine such as washing/ dressing and eating, medical care and moving into a care home etc.

If you're married or in a civil partnership, you may have assumed that your spouse would automatically be able to deal with your bank account and pensions, and make decisions about your healthcare, if you lose the ability to do so. This is not the case. Without an LPA, they won't have the authority.

The person making the L.P.A is known as the "Donor" and they can appoint 1 or more people to be "Attorneys" ie. People to help them make decisions. The donor must be 18+ and have mental capacity at the time of making the application. The attorneys have to be 18+ and are generally close family or friends or spouse/partner although they can be professional eg. Solicitor. The attorneys cannot be bankrupt and must have mental capacity. The application forms can be completed on line or paper forms and, upon completion, must be sent to the Office of the Public Guardian together with the fee of £82.00. It can take up to 10 weeks for the application to be processed.

For further information and advise contact:

www.gov.uk/power.of.attorney/making-lasting-power.

If a person does not have capacity and does not have a L.P.A. then a "Deputy" may be appointed .

As a deputy you will be authorised by the "Court of Protection" to make decisions on behalf of someone lacking capacity. Again deputies are split into 2:

Property and financial affairs deputy for bills/pensions etc and Personal Welfare Deputy for medical treatment and care etc.

When appointed as a Deputy you will receive a court order saying what you can or can't do regarding the person without mental capacity and you will have to send an annual report to the Office of the Public Guardian each year explaining what decisions you have made and why.

The court will usually only appoint a personal welfare deputy if:

- There's doubt whether decisions will be made in someones best interests, eg. Because the family disagree about care.
- Someone needs to be appointed to make decisions about a specific issue over time eg. Where someone will live.

A deputy has to be 18+ and is generally a close relative or friend. Again there can be more than one deputy. You can have professional deputies such as Solicitors, Accountants or a Local Authority Representatives but they will charge for their services. If you are going to become a Property and financial affairs deputy you will need the necessary skills for financial decision making.

The application forms can be obtained from:

### www.gov.uk/become-deputy.

The application forms are sent to the Court of Protections along with the appropriate fee. The court will then check you meet the criteria for being a deputy.

All cases are different and if you are unsure about the best option for you, especially if you want to obtain a Power of Attorney for someone who has already lost capacity, seek legal advice.

# HELP!

Loss can be an unpleasant experience for anyone and many find the complexities of going through legalities traumatic. You may find speaking to someone who is impartial, none judgmental and who is willing to simply listen a great comfort. I am a qualified counsellor with two years' experience of dealing with all types of loss, and I am ready to hear about your feelings, concerns, thoughts, anxieties' and hopefully by sharing all these mixed emotions you can work through them to find your own way forward.

If you would like to contact me for an informal chat about how I can help you please contact me, Valerie Skerrett, on 01902 677911.

# For more information on Lasting Power of Attorney:

#### Office of the Public Guardian

customerservices@publicguardian.gsi.gov.uk

Telephone: 0300 456 0300 Textphone: 0115 934 2778

Monday, Tuesday, Thursday, Friday, 9am to 5pm

Wednesday, 10am to 5pm Find out about call charges.

Age Uk give details of the different types of Power of Attorney on their website:

www.ageuk.org.uk

# Where to send your forms to apply to become a Deputy.

Send the originals to the Court of Protection with:

- 2 copies of your application form
- 1 copy of the other forms
- a cheque for the application fee

Court of Protection PO Box 70185 First Avenue House 42-49 High Holborn London WC1A 9JA

Make, register or end a lasting power of attorney; The government website that gives guidance on the types of Power of Attorney, how to make them and how to register, amend or end them.

https://www.gov.uk/power-of-attorney/overview