

The Firs Care Home

Welcome to The Firs Monthly Newsletter

I hope that you have had an enjoyable January despite the dismal weather. Here at The Firs we are keeping the spirit going with some great activities for our residents and their families.

In the upcoming month we have some great new sessions. We will be holding a special Valentines Tea Dance on the 12th February. This will be from 3pm until 6pm. Come along and enjoy cakes and sandwiches with refreshments with a loved one!



Some of you may have seen the latest trend on Facebook and social media that is throw back week. Everyone has been posting photographs of themselves in their younger days.



We would like to hold our own "Throw Back Board" In order to do this we are asking all relatives to bring in some old photos of your loved ones in their younger days. This can be as a child or later in life. Anyone bringing in pictures please pass them to Caroline our Activities lady.

We are also in the process of sorting a free bus service for our residents to assist us when we go out to the pub or café. We have been offered this service through connect. This is a great opportunity to get the residents out and about much more in the near future.

February Events

Singer Pat

1st February – 2.00pm

Naz Fitness Session

4th February – 2.00pm

Middle Tones

5th & 26th February – 2.30pm

Reverend Andrew

11th February – 2.30pm

Shades of Shadow

19th February – 2.00pm

Glam Sparrow

22nd February – 2pm

Additional Information.....



Don't forget that our "Sing with Us" sessions are held each Wednesday. **Bingo** is every Tuesday and **Film Afternoon** every Thursday.

We will now be taking a small group of residents out each Friday afternoon to the local pub. If you would like to join us please let Caroline know.

February Birthday's ...

Please join me in wishing our lovely residents a very Happy Birthday this month. We have:

Corinne Mears – 14th February
Annette Parkin – 17th February



Residents Meeting



Our next resident's Meeting will be held on.

Tuesday 3rd March 2016
7pm

Please come along, we would like to hear anything you wish to discuss and update you on any upcoming events. Notices will be displayed around the home nearer the time.



We are now doing "The Firs Lottery"

Staff & Relatives can choose a number between 1 and 60. Each number costs £1 each. Once the board has been full a number is picked. The winner will receive £30.00 in cash and the other £30.00 will be donated to the residents funds. If you want a number please contact Caroline for yours now!

Thank you for reading our Newsletter
We will see you again next month.

Kind regards
All the Staff and Management at The Firs