



OCTOBER/NOVEMBER AND DECEMBER EDITION - 2017

WELCOME TO OUR NEWSLETTER.
THIS EDITION INCLUDES:

- Home news.
- Resident news.
- Staff news.
- Special events.
- Useful information.

WELCOME

Welcome to the third edition of our new format newsletter. After continued good feedback on the new format, Northgate Healthcare would like to continue promoting the family feeling making their 3 homes feel like your home. We are therefore continuing with the new format newsletter in which we include you in not only our resident's lives, but staff lives, company lives and important developments happening in the outside world that will affect you and your family.

HEADLINES

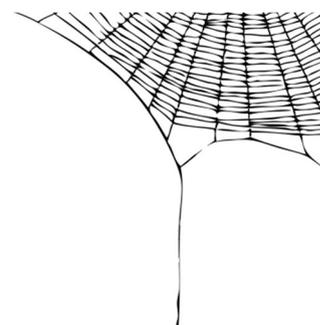
ALL WILL BE WELCOME AT OUR BONFIRE/FIREWORK NIGHT CELEBRATIONS. STARTING AT 6PM ADMISSION WILL BE £2.50 ADULTS AND £1.00 CHILDREN. THERE WILL BE HOT FOOD, TOMBOLA AND A FIREWORK DISPLAY.

THERE IS A FANCY DRESS COMPETITION FOR CHILDREN AND HALLOWEEN MUSIC FOR SPOOKY DANCING.

IF ANYONE WOULD LIKE TO VOLUNTEER TO WORK ON A STALL PLEASE CONTACT EITHER CAROLINE OR MANDIE – OUR ACTIVITY LADIES.

SPECIAL EVENTS

SPECIAL DATE FOR YOUR DIARY



**OUR BONFIRE AND HALLOWEEN NIGHT WILL TAKE PLACE
ON**

FRIDAY 3RD NOVEMBER 2017

FROM 6PM ONWARDS.



**COME AND JOIN US FOR AN EVENING OF SPOOKY FUN AND FIRWORKS.
FURTHER INFORMATION TO FOLLOW SO PLEASE LOOK FOR POSTERS IN THE
HOME AND OUR FACEBOOK PAGE.**

AN EARLY CALL PLEASE FOR DONATIONS FOR RAFFLE PRIZES, CHILDREN'S
PRIZES, SWEETS/CHOCOLATES AND HALLOWEEN DECORATIONS.



RESIDENTS NEWS

Meet the Resident:

This month's residents are John and Lily Hayden:



Lily was born on 31st December 1924 and had 4 brothers and no sisters. Lily went to Lower Gornal school before leaving aged 14 to work in the office for an auctioneer. Lily feels she has lived a full and happy life and has no great wishes.

John was born on 6th June 1927 he was the middle child with one brother and one sister. Twin brothers unfortunately passed away. John was born in Yorkshire and his parents moved to the Midlands just before the war. After leaving school John went into Insurance before becoming a Civil Servant and then joining the army. After leaving the army he went into engineering and became a welder.

John has loved spending time on his allotment growing his own vegetables.

John and Lily were married in 1953 and have now been married 64 years. They have one son Stewart and have a good relationship with Stewart and his wife Ellen.

John and Lily enjoyed family holidays in England and abroad although Lily always wanted to go on a cruise. However, John doesn't like the water so a Cruise was out the question.



We would like to welcome the following residents:



Leonard Bowater arrived with us on 11th September. Unfortunately Leonard became unwell not long after joining us and sadly passed away on 18th October 2017.



Ruth Stibbs arrived with us on 26th September.

Sadly the Residents that have passed but who will be fondly remembered.

R.I.P

Rosemary Lavender :
1941 – 2017



Joseph Jones :
1925 - 2017





RESIDENTS BIRTHDAYS.

October:

16th Iris Potts



★ HAPPY ★
BIRTHDAY!

RESIDENTS BIRTHDAYS

November:

5th Joyce Isles



12th Lillian Dawson



12th Irene Mavis Smith

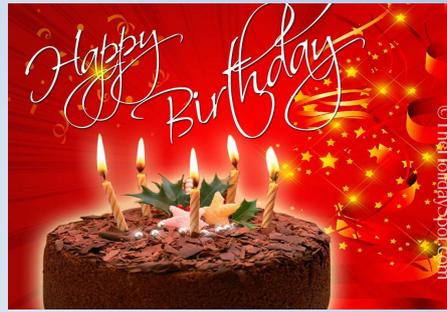


25th Richard Bignell



★ HAPPY ★
BIRTHDAY!

RESIDENTS BIRTHDAYS.



DECEMBER BIRTHDAYS

14th Gordon Humphries



9th Nora Carter-Davis



25th Betty Eggington



29th Evelyn Jones



31st Lily Hayden



STAFF NEWS

This month's staff member is Deputy Manager Rachael Broadley:

I have been working in care for 8 years. During this time I have achieved all NVQ Qualifications including recently achieving my Level 5 Diploma in Care Management.

I started off as a Care Assistant and have been a Deputy in another residential home for 2 years. This has given me the experience to be Deputy at The Firs.

I have a real passion for care and love to be "hands on". I expect all Care, Senior, Kitchen and Ancillary staff to treat all service users like they would treat their own family – with dignity and respect.

STAFF BIRTHDAYS

October:

2nd Donna Broomhall
11th Amy Shillingford
11th Mandie Williams
13th Harley Rowlett
13th Deb Grist
23rd Chris Poole
27th Simone Law

November:

2nd Alicia Gregg
3rd Donna Howroyd
8th Dawn Lowe
13th Sheila Cooper
17th Chris Davies

December:

5th Adele Copson
9th Jacqueline Jones
12th Melanie Dunn

NEW STAFF ADDITIONS

We would like to welcome the following new members of staff:

Rachael Broadley – Deputy Manager.
Catherine Thomas

We say goodbye to :

Donna Tester and Amy Shinton-Ward and wish them all the very best for their futures.



Chelsea leaves us soon to have a baby boy. We wish her all the very best.

WE'VE HAD A LOVELY COUPLE OF MONTHS WITH VARIOUS EVENTS:



We have a lovely new projector and screen to show our films on "Movie Night". Popcorn also supplied by our lovely Usherette.

Our Caribbean Evening was a big success especially the limbo dancing!





EVERYONE HAD A GREAT TIME

“ROCK AND ROLLING”



OUR LATEST BOAT TRIP ON 8th September.



A DAY
WITHOUT
Laughter
is a
A DAY
WASTED

DONATIONS NEEDED FOR HALLOWEEN AND BONFIRE NIGHT PLEASE.

We would be grateful for any donations of:

Sweets / chocolates



Bottles

TOMBOLA

PRIZES



Kids Prizes

Empty Gift Bags



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TICKETS FOR THE EVENING ARE ON SALE NOW

TWO MORE DATES FOR YOUR DIARY FOR OUT THEMED EVENINGS:

Tribute act to Jim Reeves



Friday 27th October 2017 – 2pm onwards.

There will be a £2.00 entry fee for non-residents. We would love to see as many of you as possible at this wonderful tribute to a great singer. Further information will be on posters around the home and on our facebook page.

COMING UP IN JANUARY

OUR STAFF CHOIR WILL BE PERFORMING SONGS FROM



DATE TO BE CONFIRMED.



ON 29TH SEPTEMBER 2017 WE HELD OUR MACMILLAN CANCER COFFEE "MORNING". WE RAISED A FANTASTIC £39.00

WE WOULD LIKE TO THANK ALL THOSE WHO SUPPORTED US AND A SPECIAL THANK YOU TO KATY FOR BAKING THE LOVELY CAKES.



**WE ARE
MACMILLAN.
CANCER SUPPORT**

Weekly Events:

October/November and December. :

Friday 6th October – 2pm: Music with The Middletones

Wednesday 25th October – 2pm: Music with The Middletones

Friday 27th October – 6pm: Jim Reeves night.

Saturday 28th October – 2pm: James Bickley “Exercise Fun”.

Friday 3rd November – 6pm: Bonfire Night/Halloween Celebrations.

Sunday 5th November – 3pm: Church Service

Sunday 12th November – 10am – 12noon: Remembrance Day Event.

Wednesday 29th November – 2pm – The Middletones.

Sunday 3rd December – 3pm: Christmas Church Service

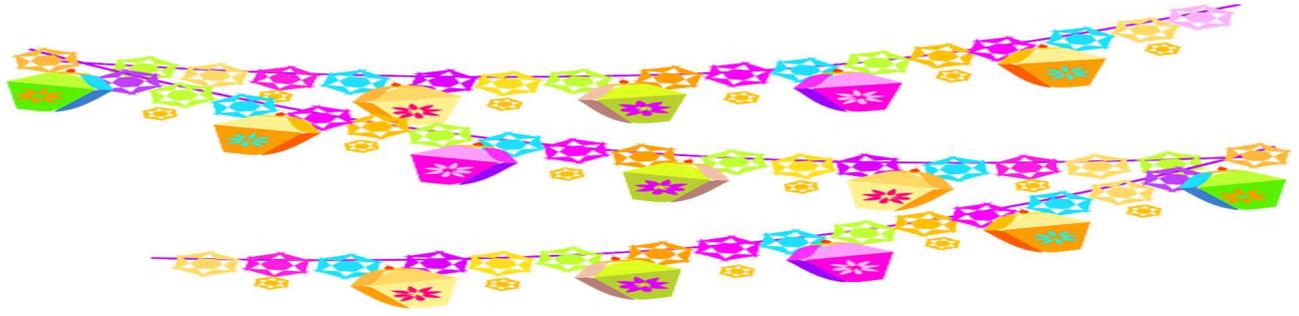
Thursday 7th December – 2pm: Colin James Christmas Show.

Friday 8th December – 2pm: Lawrie Jean Christmas Show. Many thanks to Diane and Nicky (Mary Bill’s Daughters) for kindly funding this show.

Friday 15th December - 2pm: Residents Christmas Party. Entertainment by Matt Richards.

Wednesday 20th December – 2pm: Residents Carol Service.

Friday 22nd December – 2pm: Pantomime Time “A Christmas Carol”.



“CHRISTMAS FAYRE”

ALL WILL BE WELCOME TO COME AND JOIN US AT OUR ANNUAL CHRISTMAS FAYRE.

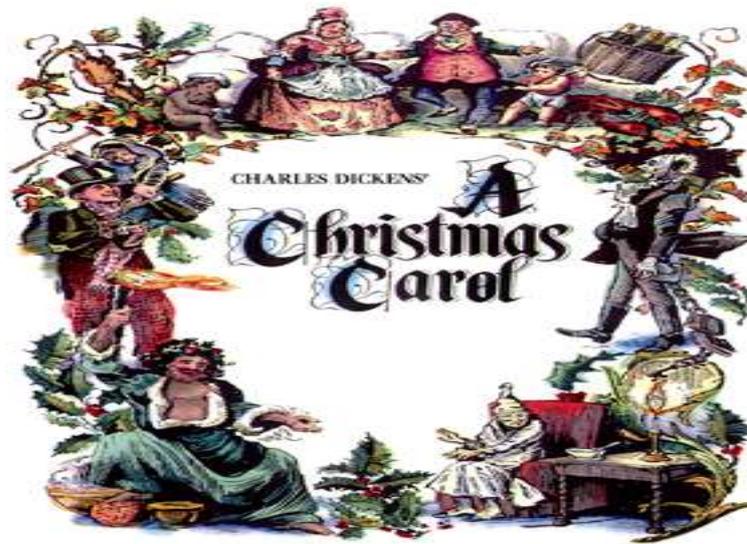
DATE TO BE CONFIRMED SO PLEASE WATCH OUR FOR POSTERS AROUND THE HOME AND ANNOUNCEMENTS OF FACEBOOK.

WE WILL HAVE OUR USUAL EXCELLENT ARRAY OF STALLS, TOMBOLA'S, FOOD AND ENTERTAINMENT.

FATHER CHRISTMAS WILL BE IN HIS GROTTTO.

COME AND JOIN US TO GET INTO THE CHRISTMAS SPIRIT.





“NORTHEAST PRODUCTIONS”
PRESENT “A CHRISTMAS CAROL”.

OUR CHRISTMAS PANTOMINE WILL BE HELD ON
FRIDAY 22ND DECEMBER AT 2PM.

ALL RESIDENTS WILL BE WELCOME TO COME
AND JOIN US TO WATCH THIS FESTIVE CLASSIC.
MINCE PIES WILL BE SERVED.



*ALL AT "THE FIRS" WOULD LIKE TO
WISH THEIR RESIDENTS AND THEIR
FAMILIES AND FRIENDS A VERY
MERRY CHRISTMAS AND A HAPPY
NEW YEAR.*



DID YOU KNOW ?

DEMENTIA:

The most common form of Dementia is “Alzheimer’s” but there is also Vascular Dementia, Frontotemporal Dementia and Dementia with Lewy bodies. Alzheimer’s is most common in people under 65 although Frontotemporal Dementia is now becoming increasingly common in the age group 45 – 65.

Although people will show differing symptoms for Dementia there are some common symptoms:

- Memory Loss
- Difficulty Concentrating
- Difficulty with every day familiar tasks such as using money.
- Struggling to follow conversation or to find the right word.
- Confusion about time/place.
- Mood changes.

These symptoms are generally mild and get worse gradually this is known as “Mild Cognitive Impairment”.

Alzheimer sufferers show symptoms of :

- Memory problems – forgetting recent events, names and faces.
- Repeatedly ask the same questions.
- Have increased difficulties with tasks and activities that require organisation and planning.
- Have difficulty finding the right words.
- Have difficulty with numbers and handling money.
- Can become withdrawn and anxious.

Alzheimer’s is very often mixed with Vascular Dementia and this condition is known as “Mixed Dementia”.

Vascular Dementia sufferers exhibit symptoms similar to Alzheimer’s but the memory loss may not be as apparent in the early stages. Symptoms can suddenly develop and quickly get worse or they can develop gradually.

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HELP !

Dementia is a **general** term for a decline in mental ability severe enough to interfere with daily life. **Dementia** is a condition that causes loss of memory, thought control, and judgment. If you are living with **dementia** or caring for someone living with **dementia** the consequences are life changing. However, there is a lot of support for both sufferers and those living with it. The following are just a few organisations that may be able to provide help and support.

“Alzheimer’s Society”

E-Mail: enquiries@alzheimers.org.uk

Web Site: www.alzheimers.org.uk

Telephone: 020 742 3500

“Dementia UK”

Dementia **UK** provides Admiral Nurses for families affected by dementia.

e-mail: info@dementiauk.org

Web site: www.dementiauk.org

Telephone: 020 787 47200

“Young Dementia UK”

Charity set up to help younger people suffering with dementia.

e-mail: youngdementiauk.org

Web site: www.youngdementiauk.org

Telephone: 01993 776295

“Dementalk”

Dementia talk is an online toolkit for people living with and caring for people with dementia. It provides free advice and information for ways to make better communication.

www.dementalk.org.uk

“ Day Opportunitites - Age Uk”

A specialist **dementia** and complex needs **support** service in various locations in South Staffordshire.

We offer services in Tamworth, Cannock, Penkridge, Wombourne and Lichfield, all with door to door transport.

Web Site: ageuk.org.uk

Telephone: 01785 788 477