



## **AUGUST/SEPTEMBER EDITION - 2017**

**WELCOME TO OUR NEWSLETTER.  
THIS EDITION INCLUDES:**

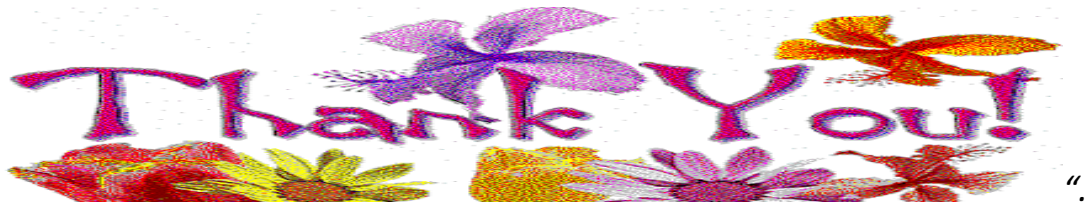
- Home news.
- Resident news.
- Staff news.
- Special events.
- Useful information.

# WELCOME

Welcome to the second edition of our new format newsletter. After good feedback on the first edition, Northgate Healthcare would like to continue promoting the family feeling making their 3 homes feel like your home. We are therefore continuing with the new format newsletter in which we include you in not only our resident's lives, but staff lives, company lives and important developments happening in the outside world that will affect you and your family.

## HEADLINES

*On Saturday 5<sup>th</sup> August we held our Summer Fete and raised a fantastic **£868.00**. The weather brightened up just in time for our barbeque and entertainment from "The Glam Sparrows".*



*We would like to say a big thank you to volunteers Diane, Pauline, Marlene and Pat. Emma Badger's daughter Chelsea and Chelsea's friend and Mark and Jackie.*

*We would also like to thank the following local business's who supported us by giving prize donations:*

*Betty's Courtyard (Wombourne)*

*Coffee 212 (Wombourne)*

*Abbiss (Wombourne)*

*The Mount pleasant Pub in Wombourne*

*New Look (Dudley)*

*We would also like to thank all the residents, family and staff who donated items to our fete. As usual we had a great response.*

**OUR LOVELY FETE PICTURES:**

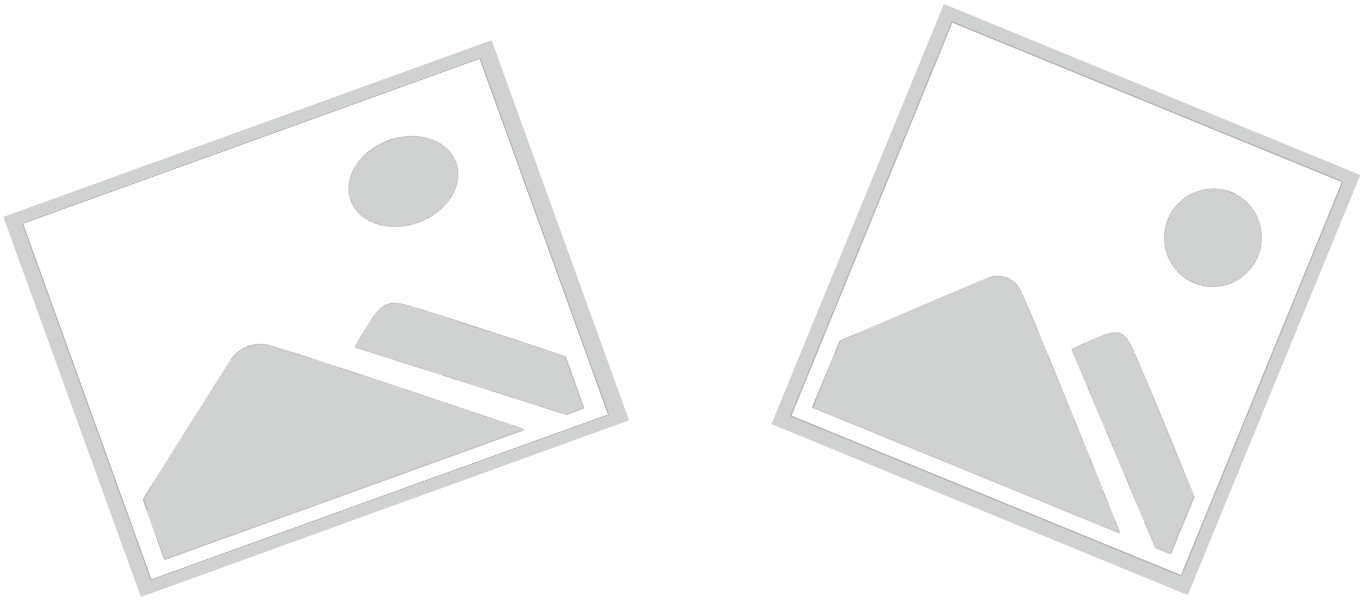


THANK YOU TO MARK FOR OUR LOVELY BBQ



THE CHILDREN HAD A GREAT TIME ASWELL!

THEY WERE TRANSFORMED -



AND EVEN HAD A TASTE OF THE SEASIDE:



## Meet the Resident:

This month's resident is Ada Elizabeth Dick:



Ada was born on 1<sup>st</sup> March 1928 in Bilston. She had three siblings, two brothers and 1 sister. Ada married Ken and gave birth to their son who subsequently gave Ada and Ken two grandchildren. Ken unfortunately passed away in 1998.

Ada classes her hobbies as being a full time wife and mother, going to church and knitting. She also enjoys watching the news on T.V., reading the newspapers and takes an interest in sport.



We would like to welcome the following residents:

We welcome our married couple Evelyn and Joseph Jones who arrived with us mid

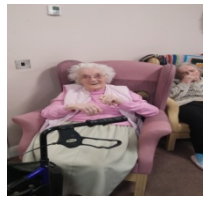


RESIDENTS BIRTHDAYSe:

11<sup>th</sup> Lucy Shone



6<sup>th</sup> John Hayden



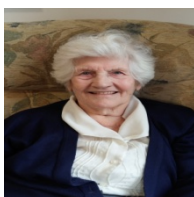
20<sup>th</sup> Irene Underhill



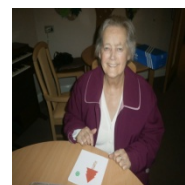
24<sup>th</sup> John Johnson



21<sup>st</sup> Georgina Quinn



29<sup>th</sup> Joan Boden



RESIDENTS BIRTHDAYS

September

Sadly the Residents that have passed but who will be fondly remembered.

**R.I.P**



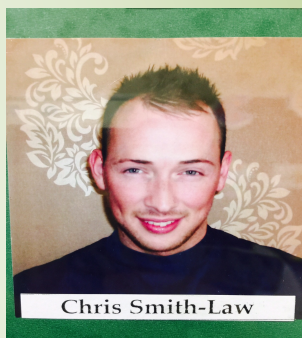
Cynthia Lamb 1929 - 2017



Baden Morris 1930 - 2017



This month's staff member is Deputy Manager Chris Smith-Law:



I have worked in the care sector for 13 years. I have gained knowledge through various areas of care such as nursing, residential and domiciliary. I have trained and worked hard to build a career in care and have achieved my NVQ Level 5 CQF. I am very caring and passionate about others who are vulnerable.

My principles are to monitor and supervise other staff in the home who can support me to achieve and deliver a standard of care to the Service users at The Firs that enables them to feel valued and have a fulfilled life in their later years. My goal is to ensure that Service Users feel happy and I will do everything in my power to ensure this.

## STAFF BIRTHDAYS

### August:

Chris Smith-Law	2 <sup>nd</sup>
Tina Law	10 <sup>th</sup>
Michelle Davies	28 <sup>th</sup>

### September:

Clarice Evans	21 <sup>st</sup>
Julie Rowlett	24 <sup>th</sup>
Mandy Hickman	25 <sup>th</sup>

## NEW STAFF ADDITIONS

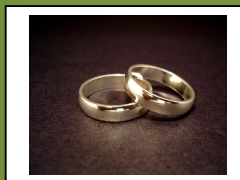
We would like to welcome the following new members of staff:

Pam Pugh who joins us on care and domestic.

We welcome back:

Amy Shillingford  
Jennie Davenport

Congratulations to Linda Willis who got married on 28<sup>th</sup> July 2017. We wish her and her new husband all the very best for the future.



We would like to congratulate Rachel Holloway who marries Peter on 16<sup>th</sup> September 2017. We wish them all the very best for the future.

Maggie would like to thank everyone for the lovely flowers and card she received for her birthday recently. She had a lovely weekend celebrating and really appreciated everyone's kind thoughts and wishes.

WE'VE HAD A LOVELY COUPLE OF MONTHS WITH VARIOUS EVENTS:

CROONERS EVENING:



The staff got into the mood.

PET THERAPY:



ANYONE FOR TENNIS?  
ASSISTANT.

OUR OWN GROWN FLOWERS

THE NEW OFFICE



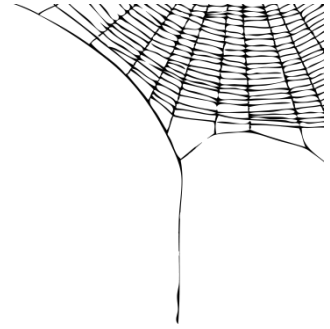
OUR LATEST BOAT TRIP ON 15<sup>TH</sup> JULY.



SPECIAL EVENTS



**SPECIAL DATE FOR YOUR DIARY**



**OUR BONFIRE AND HALLOWEEN NIGHT WILL TAKE PLACE ON**

**Friday 3<sup>rd</sup> november 2017**

**From 6pm onwards.**



**come and join us for an evening of spooky Fun and firworks. FURTHER INFORMATION TO FOLLOW SO PLEASE LOOK FOR POSTERS IN THE HOME AND OUR FACEBOOK PAGE.**

AN EARLY CALL PLEASE FOR DONATIONS FOR RAFFLE PRIZES, CHILDREN'S PRIZES, SWEETS/CHOCOLATES AND HALLOWEEN DECORATIONS.



**TWO MORE DATES FOR YOUR DIARY FOR OUT THEMED EVENINGS:**

**Tribute act to Jim Reeves**



Friday 27<sup>th</sup> October 2017 – 6pm onwards.

There will be a £2.00 entry fee for non-residents. We would love to see as many of you as possible at this wonderful tribute to a great singer. Further information will be on posters around the home and on our facebook page.

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Our final narrowboat trip of the year will take place on Friday 8<sup>th</sup> September 2017. There will have been three trips this year and our residents have had a great time. We are all looking forward to next years trips.



ON 29<sup>TH</sup> SEPTEMBER 2017 AT 2PM

WE WILL BE SUPPORTING “MACMILLAN CANCER SUPPORT” BY HOLDING OUR COFFEE “MORNING”.

THERE WILL BE REFRESHMENTS AND CAKES AND WE WILL WELCOME AS MANY OF YOU AS POSSIBLE TO SUPPORT THIS CAUSE.

THANK YOU.

**WE ARE  
MACMILLAN.  
CANCER SUPPORT**

# Weekly Events:

## August/September :

Friday 18<sup>th</sup> August – 2pm: Music with The Middletones.

Monday 21<sup>st</sup> August – 2pm: The Blind Taste Test Challenge.

Wednesday 23<sup>rd</sup> August – “Movie Night”. Laurel and Hardy’s “Way out West” will be showing with Milkshakes and Popcorn.

Friday 25<sup>th</sup> August – 6pm: Colin James – “Rock ‘n’ Roll” night.

Wednesday 30<sup>th</sup> August – 11am: Robert Burton – music with our Accordion Player.

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Friday 1<sup>st</sup> September – Mary Bill’s birthday bash with live entertainment.

Friday 8<sup>th</sup> September – Final Narrowboat trip of the year.

Wednesday 13<sup>th</sup> September – 2pm: Music with The Middletones.

Saturday 16<sup>th</sup> September – 2pm: James Bickley Fitness Fun.

Friday 22<sup>nd</sup> September – 2pm: Matt Richards – George Formby Superstar.

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### Future planning:

Friday 6<sup>th</sup> October – 2pm: Music with the Middletones.

Wednesday 25<sup>th</sup> October – 2pm: Music with the Middletones.

Friday 27<sup>th</sup> October – 6pm: Jim Reeves night.

Friday 3<sup>rd</sup> November – 6pm: Bonfire Night/Halloween celebrations.

Angie’s Animal Antics will be coming to The Firs. Date to be announced so please look for posters around the home.



## DID YOU KNOW ?

A power of attorney or letter of attorney is a written authorization to represent or act on another's behalf in private affairs, business, or some other legal matter. Having a **power of attorney** ensures that you select who will act for you when you are unable to handle your affairs. Without one, the courts decide.

Up until 1<sup>st</sup> October 2007 people needed Enduring Power of Attorney to act on behalf of anyone without capacity. If you have an enduring power of attorney dating before that date you can still use it – registering it as soon as the person it concerns begins to lose capacity.

An Ordinary Power of Attorney (O.P.A) is used when a person still has mental capacity but they may need assistance whilst eg. they are in a hospital for a period of time and need someone to act on his behalf during the stay, if the person is having problems getting out eg. to their bank etc or if a person needs someone to act on their behalf but they have the power to supervise the person acting. An O.P.A. is only valid whilst that person has mental capacity.

Since October 2007 anyone with capacity who wants to provide for the time when they lose capacity can apply for their own “Lasting Power of Attorney (L.P.A.)”. This means they chose, whilst they still have capacity, who will make important decisions on their behalf, or with their help, when they start losing capacity. A Solicitor is not required to set up the L.P.A.

There are two types of lasting power of attorney:

Property and Financial Affairs covering managing bank accounts, paying bills, pensions/benefits and selling property.

Health and Welfare covering daily routine such as washing/ dressing and eating, medical care and moving into a care home etc.

If you're married or in a civil partnership, you may have assumed that your spouse would automatically be able to deal with your bank account and

pensions, and make decisions about your healthcare, if you lose the ability to do so. This is not the case. Without an LPA, they won't have the authority.

The person making the L.P.A is known as the "Donor" and they can appoint 1 or more people to be "Attorneys" ie. People to help them make decisions. The donor must be 18+ and have mental capacity at the time of making the application. The attorneys have to be 18+ and are generally close family or friends or spouse/partner although they can be professional eg. Solicitor. The attorneys cannot be bankrupt and must have mental capacity. The application forms can be completed on line or paper forms and, upon completion, must be sent to the Office of the Public Guardian together with the fee of £82.00. It can take up to 10 weeks for the application to be processed.

For further information and advise contact:

[www.gov.uk/power.of.attorney/making-lasting-power](http://www.gov.uk/power.of.attorney/making-lasting-power).

If a person does not have capacity and does not have a L.P.A. then a "Deputy" may be appointed .

As a deputy you will be authorised by the "Court of Protection" to make decisions on behalf of someone lacking capacity. Again deputies are split into 2:

Property and financial affairs deputy for bills/pensions etc and Personal Welfare Deputy for medical treatment and care etc.

When appointed as a Deputy you will receive a court order saying what you can or can't do regarding the person without mental capacity and you will have to send an annual report to the Office of the Public Guardian each year explaining what decisions you have made and why.

The court will usually only appoint a personal welfare deputy if:

- There's doubt whether decisions will be made in someones best interests, eg. Because the family disagree about care.

- Someone needs to be appointed to make decisions about a specific issue over time eg. Where someone will live.

A deputy has to be 18+ and is generally a close relative or friend. Again there can be more than one deputy. You can have professional deputies such as Solicitors, Accountants or a Local Authority Representatives but they will charge for their services. If you are going to become a Property and financial affairs deputy you will need the necessary skills for financial decision making.

The application forms can be obtained from:

[www.gov.uk/become-deputy](http://www.gov.uk/become-deputy).

The application forms are sent to the Court of Protections along with the appropriate fee. The court will then check you meet the criteria for being a deputy.

All cases are different and if you are unsure about the best option for you, especially if you want to obtain a Power of Attorney for someone who has already lost capacity, seek legal advice.

# HELP !

Loss can be an unpleasant experience for anyone and many find the complexities of going through legalities traumatic. You may find speaking to someone who is impartial, none judgmental and who is willing to simply listen a great comfort. I am a qualified counsellor with two years' experience of dealing with all types of loss, and I am ready to hear about your feelings, concerns, thoughts, anxieties' and hopefully by sharing all these mixed emotions you can work through them to find your own way forward.

If you would like to contact me for an informal chat about how I can help you please contact me, Valerie Skerrett, on 01902 677911.

## For more information on Lasting Power of Attorney:

### Office of the Public Guardian

[customerservices@publicguardian.gsi.gov.uk](mailto:customerservices@publicguardian.gsi.gov.uk)

Telephone: 0300 456 0300

Textphone: 0115 934 2778

Monday, Tuesday, Thursday, Friday, 9am to 5pm

Wednesday, 10am to 5pm

[Find out about call charges.](#)

## Where to send your forms to apply to become a Deputy.

Send the originals to the Court of Protection with:

- 2 copies of your application form
- 1 copy of the other forms
- a cheque for the [application fee](#)

Court of Protection  
PO Box 70185  
First Avenue House  
42-49 High Holborn  
London  
WC1A 9JA

Age Uk give details of the different types of Power of Attorney on their website:

[www.ageuk.org.uk](http://www.ageuk.org.uk)

Make, register or end a lasting power of attorney; The government website that gives guidance on the types of Power of Attorney, how to make them and how to register, amend or end them.

<https://www.gov.uk/power-of-attorney/overview>